



SKILLS4ADHERENCE SUMMER SCHOOL
ICS MAUGERI, PAVIA, ITALY • 9-13 September 2019

DAY 1 – Monday 9th September 2019 – PAVIA – Via Maugeri 4 – Aula Manuli

9.00 - 9.45	<i>Participants check-in and registration</i>
9.45 – 10.00	<i>Opening session</i> Welcome Anna Giardini <i>ICS Maugeri IRCCS</i>
10.00 – 10.45	S4A presentation Przemyslaw Kardas <i>UMED</i> Partners role Elisio Costa <i>FFUP, UP AGEING NETWORK</i> Summer School organization Anna Giardini <i>ICS Maugeri IRCCS</i>
10.45 – 11.15	Coffee break
11.15 – 13.00	Participants presentation and working group establishment Group constitution and Self-presentation Self-assessment www.mentimeter.com Facilitators: Marina Maffoni <i>University of Pavia</i> , Luis Midao <i>UP Porto4Ageing</i> , Przemyslaw Kardas <i>UMED</i>
13.00 – 14.30	Lunch break (ICS Maugeri canteen)
14.30 – 15.00	Technology and adherence Elisio Costa <i>FFUP, UP AGEING NETWORK</i>
15.00 – 15.30	Adherence to medical plans: video presentations Inês Dias <i>Porto4Ageing – Competence Center on Active and Healthy Ageing of the University of Porto, Portugal</i>
15.30 – 16.00	Evaluation of the video (Google form)

DAY 2 – Tuesday 10th September 2019 – PAVIA - Via Maugeri 4 - Aula Manuli

ADHERENCE IN CARDIOVASCULAR DISEASE	
Adherence in cardiovascular diseases – Session I	
9.00 – 9.30	Non-adherence and therapeutic inertia: two major problems in cardiovascular medicine Roberto Pedretti <i>Chief of the Cardiological Department – ICS Maugeri IRCCS</i>
9.30 – 10.00	Therapy treatment, adherence and persistence in Chronic Heart failure patients: a population study, from 2006 to 2012 in Lombardy Simonetta Scalvini <i>ICS Maugeri IRCCS – Institute of Lumezzane</i>
10.00 – 10.30	A multidisciplinary telehealth and telecare integrated home program: impact on therapy adherence Palmira Bernocchi <i>ICS Maugeri IRCCS – Institute of Lumezzane</i>
10.30 – 11.00	Discussant Maria Teresa La Rovere, Roberto Pedretti, Marco Ambrosetti <i>ICS Maugeri IRCCS</i>
11.00 – 11.30	Coffee break
Adherence in cardiovascular diseases – Session II	
11.30 – 11.45	Opening – Adherence to medication in chronicity Paola Baiardi <i>ICS Maugeri IRCCS</i>
11.45 – 12.15	The importance of medication adherence in cardiovascular diseases Bernard Vrijens <i>CEO, AARDEX Group</i>
12.15 – 12.45	Primary non-adherence to cardiovascular drugs: lessons learned due to analysis of Polish pilot of e-prescriptions Przemyslaw Kardas <i>University of Lodz Poland – Department of Family Medicine</i>
12.45 – 13.15	Gender differences in cardiovascular drug use: a drug-utilization study from Campania Region Database Enrica Menditto <i>CIRFF University of Naples – Federico II</i>
13.15 – 13.30	Discussant Elisio Costa <i>FFUP, UP AGEING NETWORK</i> Anna Giardini <i>ICS Maugeri IRCCS</i>
13.30 – 15.00	Lunch break (buffet)
15.00 – 16.00	Patients perceptions of physician communication skills and beliefs about medication as determinants of non-adherence in elderly patients with hypertension – European study Background and aim: Pierobon Antonia <i>ICS Maugeri IRCCS</i> , Beata Jankowska-Polańska <i>UMED</i> Methodology and instruments: Zanatta Francesco Preliminary data: Nissanova Ekaterina <i>ICS Maugeri IRCCS</i>
16.00 – 16.20	Caregiver burden: the economic, professional, social and health cost of being a caregiver Silvia Traversoni <i>ICS Maugeri IRCCS</i>
16.20 – 16.40	Interventions to support the caregiver Nicolò Granata <i>ICS Maugeri IRCCS</i>
16.40 – 17.00	Caregiver's role in improving adherence Marina Maffoni <i>University of Pavia</i>
17.00 – 17.30	Take home messages Anna Giardini <i>ICS Maugeri IRCCS</i>

DAY 3 – Wednesday 11th September 2019 - PAVIA – Aula Golgi Piazza Botta 10

Adherence in chronicity - (quantitative and qualitative data)	
9.00 - 9.15	Morning organization Anna Giardini <i>ICS Maugeri IRCCS</i>
9.15 – 9.45	Psycho-social implications on Adherence: Qualitative studies Marina Maffoni <i>University of Pavia</i>
9.45 – 10.15	Adherence in chronicity: Quantitative studies Nicolò Granata <i>ICS Maugeri IRCCS</i>
10.15 – 10.45	Theoretical models in adherence in chronicity Silvia Traversoni <i>ICS Maugeri IRCCS</i>
10.45 – 11.15	Coffee break
Adherence in chronicity - (quantitative and qualitative data)	
11.15 – 13.00	Role Playing Session I Coordinated by <i>ICS MAUGERI IRCCS and University of Pavia</i> Facilitators: <i>Anna Giardini, Nicolò Granata, Marina Maffoni, Silvia Traversoni</i>
13.00 – 14.30	Lunch break (buffet)
14.30 – 15.00	Polypharmacy in elderly: from causes to the consequences Marta Kurczewska-Michalak <i>UMED</i>
15.00 – 16.30	Group work 2 coordinated by <i>UMED</i> Facilitators: <i>Marta Kurczewska-Michalak – Przemysaw Kardas</i>

DAY 4 – Thursday 12th September 2019 - PAVIA – Aula Golgi Piazza Botta 10

9.00 – 9.30	Interventions to reduce polypharmacy in elderly: what works in real world? Pawel Lewek <i>UMED</i>
9.30 – 10.00	Prevalence of polypharmacy among pre-frail and frail individuals Luís Midão <i>UCIBIO, REQUIMTE, Porto4Ageing – Competence Center on Active and Healthy Ageing, Biomedical Sciences Institute Abel Salazar, University of Porto, Portugal</i>
10.00 – 10.30	PT4AGING - a group chronic disease self-management intervention for community dwelling older people Lígia Lima, Célia Santos, Celeste Bastos e Manuela Martins <i>Porto Nursing School, CINTESIS, Porto, Portugal</i>
10.30 – 11.00	Hospitalizations Among Polymedicated European Older Adults Marta Almada <i>UCIBIO, REQUIMTE, Porto4Ageing – Competence Center on Active and Healthy Ageing, University of Porto, Portugal</i>
11.00-11.30	Coffee break
11.30-12.00	Clinical relevance of reconciliation, experience in ICS Maugeri Emilio Clementi <i>Università degli Studi di Milano</i>
12.00 – 13.00	Role Playing Session II Coordinated by <i>ICS Maugeri IRCCS</i> Facilitators: <i>Anna Giardini, Nicolò Granata, Marina Maffoni, Silvia Traversoni</i>
13.00 – 14.30	Lunch break (buffet)
14.30 – 16.30	Adherence Quality Indicators: building a multidisciplinary view of care André Luís Ramalho <i>CINTESIS - Center for Health Technology and Services Research, University of Porto, Portugal; MEDCIDS – Department of Community Medicine, Information and Health Decision Sciences – Faculty of Medicine of the University of Porto, Porto, Portugal; FGV Management, Fundação Getúlio Vargas, São Paulo, Brazil</i>

DAY 5 – Friday 13th September 2019 Pavia 9 - 13.30 PAVIA – Via Maugeri 4 – Aula Manuli

Adherence in chronicity - Meet the expert	
9.00 - 9.15	Opening session Elisio Costa <i>FFUP, UP AGEING NETWORK</i> , Przemyslaw Kardas <i>UMED</i> , Anna Giardini <i>ICS Maugeri IRCCS</i>
9.15 – 10.15	Understanding and managing non-adherence: what is the role of beliefs? John Weinman <i>King's College London, Institute of Pharmaceutical Sciences, London, UK</i>
10.15 – 11.00	Non-adherence to pharmacotherapy: a prospective multicenter study about incidence and its causes perceived by chronic pain patients. Rute Sampaio <i>FMUP, I3S</i>
11.00 – 11.30	Questionnaire on lessons learned (Google form)
11.30 – 11.45	Coffee break
11.15 – 12.30	Self-assessment www.mentimeter.com Take home message from the questionnaires Facilitators: Marina Maffoni <i>University of Pavia</i> , Anna Giardini <i>ICS Maugeri IRCCS</i>
12.30 – 13.00	CLOSING CEREMONY Elisio Costa <i>FFUP, UP AGEING NETWORK</i> , Anna Giardini <i>ICS Maugeri IRCCS</i> , Przemyslaw Kardas <i>UMED</i>
13.00 – 14.30	Light lunch

EVENTS

12 September 2019

DINNER together at Vita Restaurant & Cafè, Pavia (<http://vitaristorante.it/>)

SUGGESTED EVENTS

10th of September

Concert in the city center (<http://www.vivipavia.it/site/home/eventi/genius-loci.html>)

